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2013 - 202

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INSIDE:

TEN YEARS OF SAVING LIVES IN SCOTLAND

cotland's Charity Air Ambulant

Our first decade of delivering exceptional care, thanks to you.

GET YOUR NAME ON OUR HELICOPTERS!

Make your mark to mark our 10th anniversary.

WELCOME

REFLECTING ON 10 AMAZING YEARS 3-5

I STARED DEATH IN THE FACE 6-7

HELP SCAA MARK ITS 10TH ANNIVERSARY 8-11

THE IMPORTANCE OF WORKING TOGETHER 12-13

A BUSY SUMMER LOOMS 14-15

A FREAKISH ACCIDENT 16-17 THERE FOR ALL OF SCOTLAND

VOLUNTEER WITH US

CONTACT US 20

PERTH BASE

Scotland's Charity Air Ambulance The Control Tower, Perth Airport Scone, Perthshire PH2 6PL

ABERDEEN BASE Scotland's Charity Air Ambulance Hangar 2B. Farburn Terrace Dyce, Aberdeen AB217DT

GENERAL ENQUIRIES 0300 123 1111

enquiries@scaa.org.uk

YOUR STORY media@scaa.org.uk

07778 779 888

If SCAA was there for you when you needed help, we'd love to hear your story. Please contact us and we will treat your communication in confidence.

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By post (to the address above). (Please make cheques payable to "Scotland's Charity Air Ambulance" or "SCAA".)

JOIN THE TEAM!

volunteer@scaa.org.uk 07751 921 980 See further details on page 19.

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YOUR SUPPORT REALLY MATTERS THANK YOU

WELCOME TO THE LATEST **EDITION OF** SCAA NEWS

2023 is very special to us here at Scotland's Charity Air Ambulance (SCAA) as it marks the 10th anniversary of this amazing life-saving service - YOUR life-saving service.

In 10 years, Scotland's people have donated nearly an amazing £50 million to ensure our crews can keep flying, keep reaching those most in need as guickly as possible and keep saving and improving lives.

So why don't you join with us in marking the first decade of your air ambulance charity?

In the coming pages you will see how you can join in our special anniversary events, create your own fundraising fun, support our sponsored challenges or leave your legacy to help others.

You can even have your name on our helicopters.

We hope Scotland will get behind SCAA to mark this tremendous milestone in our history and help fly us into the future.

In your newsletter you'll also read reflections from our Board of Trustees; learn about the growing demands on our aircraft, vehicles and crews; hear from patients who have experienced first-hand the difference SCAA can make in an emergency and learn how our crews tackle some of the unique challenges they face day to day.

As Chief Executive of SCAA, I am immensely proud of everyone involved with the charity – be they staff, crew, trustees, supporters or volunteers. Each and every one has proved a vital cog in the machinery that has created a first class, pre-hospital, aeromedical emergency response service that Scotland can be proud of.

And it wouldn't have been possible without each and every one of YOU. So, please continue to support us where you can and climb on board for the next 10 years of Scotland's Charity Air Ambulance.

Thank you.

David

David Craig Chief Executive **Scotland's Charity Air Ambulance**



REFLECTING ON 10 AMAZING YEARS

It's guite remarkable how time passes. A decade after launching Scotland's Charity Air Ambulance (SCAA) from Perth Airport on the 22nd May 2013, we, as the Board of Trustees, would like to take a moment to reflect on the charity's journey and mark an important milestone.



For some Trustees, that journey started around 2007/8 when the concept of a charity air ambulance was first suggested. The coming together of other individuals led to many discussions and meetings over several years about how best to take this forward. Crucial questions were how does the charity seek the initial funding and critically, how do we achieve sustainability?

SCAA launch on 22nd May 2013

Continued...

Before the launch of SCAA's first helicopter, Scotland's communities were served by only two state funded rotory aircraft and two fixed-wing aircraft compared to 33 aircraft in England and Wales. This disparity in national service provision and capacity in Scotland provided the opportunity to drive forward with our use-case and business plan which was presented to the Scottish Government and the Scottish Ambulance Service (SAS).

Scotland's landmass and inhabited islands represents a gross area as large as England and Wales. Scotland is also home to some of the most remote communities and fragile road networks in Europe; an environment where HEMS aircraft are indispensable both in response to time-critical emergencies and for wider national resilience.

Establishing SCAA with an initial cost base of £1.5 million a year, with no government funding and only 20% of committed funds, takes a huge amount of faith and confidence and came with significant risk. However, those Trustees driven and supported by some prominent funding, made the decision to launch the charity. Sadly, one of the Trustees Roddy Young, never saw the project fly as he passed away suddenly before our launch.

It is difficult to believe that 10 years have passed since we launched SCAA's first helicopter, Helimed 76, from

Perth Airport. The first mission on the day following our launch was to respond to a road traffic collision near Dunoon and airlift the patient, Patricia MacKenzie, to Glasgow. Patricia made a full recovery and has since publicly told her story and shared on how SCAA impacted on her life that day:

"It all happened in a flash. A deer ran out in front of the car and I just swerved reflexively. The next thing I knew I had careered through the hedge and was rolling down a steep slope. I managed to crawl out of the wreckage and stagger to get help at a nearby cottage."

What Patricia didn't know was that she had badly injured her arm and the nearest hospital was around two hours away. As a land ambulance crew tended her injuries, Scotland's Charity Air Ambulance was flying to the scene.

"I was so pleased to see Scotland's Charity Air Ambulance arrive. The crew was lovely - so attentive and comforting. I was frightened and worried and they put me at my ease and made sure I was comfortable and pain free."

A rapid 12-minute flight took Patricia to hospital to help her make a full recovery.



Who knows who will need them next but it's up to all of us to ensure they're there when that time comes."

Patricia

SCAA NEWS • Spring 2023

The charity and operation have evolved over the last decade. Thanks to LIBOR funding, in October 2015, we upgraded our launch helicopter (a Bolkow 105) to the EC-135 and in April 2017, we increased our operating hours from 10 to 12 each day. The charity launched its second service in Aberdeen (Helimed 79) on the 3rd April 2020 and later that day, the crew responded to a patient in Turriff who had suffered a stroke and airlifted him to Aberdeen Royal Infirmary.



SCAA has gone on to respond to nearly 5,000 call outs, saving countless lives in the process since that first mission back in 2013. Our helicopters and rapid response vehicles have become a common sight in Scottish skies and on the roads. We have now undisputedly become an indispensable and integral

SO WHAT DOES THE FUTURE HOLD FOR SCAA IN SCOTLAND?

As the charity embarks on our next decade, the Trustees and Executive team are currently developing our next strategic plan. In line with our planned evolvement since 2013, the Board is committed to developing and enhancing the service.

This will be best achieved through careful financial planning which ensures we can continue to apply your donated funds to meet our charitable purpose.

Working closely with the Scottish Ambulance Service and our aviation providers, our ambition is to provide more care, to more people, more often, in Scotland.

It is with immense pride that we look back at what SCAA has achieved over the past decade and look forward with excitement at how we can enhance our operational capability in the years ahead.

We never know when and where SCAA's service will be needed, but thanks to the continued generosity from our greatest supporters, the people of Scotland, we can all take pride in knowing that the service exists for the whole of Scotland.

part of Scotland's emergency services. There are so many people we should thank but the list is too long to write. The greatest of all these accolades, however, goes to the magnificent SCAA team.

The operational aircrew, charity team and army of volunteers whose hard work has delivered our service over the years are the charity's greatest assets. The Trustees are constantly humbled when we hear first-hand reports of the skill and courage of our clinicians and pilots, who make a difference to all our lives under the most difficult circumstances.

The real heroes of this charity however have always been the people of Scotland, who individually or through trusts, corporations and foundations have generously donated nearly £50 million in the last 10 years to deliver our lifesaving service throughout Scotland.

Being a Trustee is a huge but rewarding commitment that requires time, effort and passion on a voluntary basis. Very much the same dedication and loyalty as our staff and our volunteers.

To maintain that commitment, the Board has recently appointed six new Trustees to strengthen and complement the skills, knowledge and experience of the existing members.



Sincere thanks from the Board of Trustees and everyone at SCAA!

I STARED DEATH IN THE FACE

David knew within seconds of his glider taking to the air on a cable winch launch that he was in trouble.

"I hadn't locked the canopy properly and I knew I was in a very dangerous situation."

As soon as he released the glider at 500 feet, David elected to try a full 360 degrees turn and head back to the airfield at Scotlandwell.

"If the canopy flew off it could hit the tail or there would be enormous aerodynamic drag on the open cockpit. Either eventuality would be disastrous," explained David. "I was struggling to turn her as I was trying to hold on to the canopy, open the flaps for the air brakes and operate the controls."

"I gripped the control between my knees and that's when things went from bad to worse," he recalled. "The aircraft went into a dive, the canopy came off and the bracket broke my arm – I didn't have control of the aircraft in the seconds before impact."

David's glider struck the ground at 70 mph, nose down, and cartwheeled before coming to rest upside down at the front of the airfield.

"I was still conscious after the impact but I was trapped face down," said David, "I knew I hadn't broken my neck as I could wiggle my legs and feet but I couldn't see anything out of my right eye and my right arm looked like it had two elbows."

David bravely used his good left arm to manoeuvre his badly fractured right arm back into a natural position.

"The pain was excruciating in my eye and that overpowered the pain in my arm," he said.

David's crash was witnessed from the airfield and help arrived guickly with people switching off the battery and reassuring him that an ambulance was on its way. "SCAA was next to arrive - I didn't hear the helicopter coming

> in but people told me they were there and I was aware of calm, reassuring professionals being at my side which was extremely comforting," said David.

"My harness was cut free and a local farmer used his tractor to lift the aircraft off me, leaving me on the ground and the paramedics were able to tend me more easily.

"It's all a bit hazy but I knew I was in safe hands," he said. "They were brilliant - calming me and reassuring me while stabilising me

and preparing me for the helicopter flight. It just seemed minutes later that we arrived at Ninewells Hospital."

David's catalogue of injuries included a broken arm and dislocated shoulder, hip and leg injuries, internal injuries, face lacerations and arm nerve damage.

"I have made around 600 flights and that day I made a stupid mistake that brought me as near to death as I ever want to come," he said.

"I had been looking forward to a long flight ahead of a family gathering for my 70th birthday the following day and instead I 'celebrated' it lying broken and battered in a hospital bed."

A year on, David still has health issues resulting from the air crash. But he's in no doubt SCAA played a major role in supporting his life that day.

"Being airlifted rather than bumped along the road made a huge difference and the speed SCAA got me to hospital was also a major factor in my treatment and recovery," he said.



Scotland's Charity A

"SCAA is a brilliant charity - their care is faultless - and they were there for me when I stared death in the face as I plummeted towards the ground and helped pull me through.

A thank you seems so inadequate but I do thank them - from the bottom of my heart."

Since our launch we have responded to almost 5,000 call outs! **HELP SCAA MARK ITS** See our mission stats on page 18 ANNIVERSARY

Monday 22nd May 2023 marks the 10th anniversary of the launch of Scotland's Charity Air Ambulance's life-saving service.

Since launching in 2013, SCAA has responded to almost 5,000 call outs, flying to every corner of the country. This has all been made possible thanks to the generosity of you, our valued supporters. We simply couldn't deliver our life-saving service without our donors, fundraisers and volunteers.

There are a number of upcoming initiatives and opportunities for you as a supporter to get involved in, to help SCAA mark its special 10th anniversary milestone.





ADD YOUR NAME TO OUR AIR **AMBULANCES***

To mark 10 years of saving and improving lives, wonderful supporters like you will have the chance to see your name on our air ambulances, simply by giving a gift of £20 or more.

Then every time our crew is called out on a mission, you'll know you're with them, every step of the way. Join with thousands of other supporters who give our crew everything they need to provide life-saving pre-hospital care across Scotland. We couldn't do it without you.

*The same SCAA logo decal with your name on it will be applied to both Helimed 76 and Helimed 79 air ambulances for a minimum of 12 months from date of installation.

OUR NAME HERE IN OUR SCAA LOGO

The following pages feature a sample of these initiatives, from hosting a 'Brew for the Crew' to the opportunity to get your name printed on our air ambulance helicopters. There will be further opportunities to support as the year progresses, including base Open Days during the summer and a limited edition SCAA 10-year-old Malt Whisky available for purchase.

However you choose to continue to support SCAA during our 10th anniversary year, whether it be through playing our lottery, donating to our appeal or hosting an event in your community, we sincerely thank you.

"We hope the whole of Scotland will get behind SCAA to mark this tremendous milestone in our history and help fly us into the future."

David Craig, SCAA Chief Executive

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There are three ways to take part and donate:

- Complete the enclosed donation form and send it back in the Freepost envelope.
- Call 0300 123 1111.
- Go online to www.scaa.org.uk/donate-10

Scan the QR code to make a donation online.





BREW FOR

Brew for the

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Host a Brew for the Crew event with friends, family or colleagues and raise vital funds to help SCAA respond to life-saving call outs across Scotland. Raise a mug of coffee, or a cup of tea to the crews on call 365 days of the year.

Be part of the journey by bringing people together to mark our 10th anniversary with a coffee morning, afternoon tea or evening get together.

To help your event take off you'll receive:

ANNIVERSARY

- Posters to advertise your event.
- Bunting to cut out and decorate your venue.
- Recipes for some sweet treats.
- Activities to put the fun into fundraising!
- Guidance and advice from your local SCAA community fundraiser.

Get in touch to receive your Brew for the Crew fundraising pack: Email: fundraising@scaa.org.uk Tel: 0300 123 1111



RAISE MONEY FOR SCAA WITH A TANDEM SKYDIVE





Have you got a head for heights? Ever fancied doing a parachute jump?

Scotland's Charity Air Ambulance is looking for adventurous volunteers to take on a fundraising skydive! This is an amazing chance to experience a tandem skydive - including a 120 mph free-fall from 10,000 feet - while safely attached to a professional instructor!

You can jump from the British Parachute Association approved airfields at St. Andrews, Errol or Auchterarder. No experience is necessary as all training is given on the day, so get in touch and take the first steps towards your next big adrenaline rush!



THE IMPORTANCE OEMORING OGENER

Every time Helimed 79 deploys to an emergency from its bas at Aberdeen Airport, it becomes one of nearly 300 aircraft movements through the airport on a normal day.

The difference is that when a HEMS (Helicopter Emergency Medical Service) call comes in, it means lives are in danger so everyone works together to ensure SCAA takes off quickly and safely through the myriad of jets and helicopters scheduled to arrive or depart.

To facilitate this urgency, Helimed 79 is afforded Alpha status – the highest priority for an aircraft entering or leaving the airport. Pete Winn, Regional Managing Pilot, Scotland explained the courtesy extended by other pilots and Air Traffic Control (ATC) to "Alpha" movements.

"There are procedures in place that help ensure a smooth exit for SCAA," he said. "Air Traffic Control is hugely supportive and helps expedite our operations through a variety of actions designed to slot us into the flight movements as quickly as possible.

Other pilots know the drill when an Alpha call goes out and everyone plays their part in clearing the way for the air ambulance."

As soon as an emergency call comes in, SCAA pilots make two telephone calls - one to ATC to let them





know they have a HEMS and their general direction and then to the offshore helicopter services which operate from Aberdeen Airport who will stop any aircraft taxiing ahead of the air ambulance.

"This is done before leaving the building and allows everyone to put procedures in place while we are preparing for take-off," said Pete.

Behind the scenes, one of the busiest heliports in Europe is holding all departures and allowing SCAA to slot in ahead of them.

Meanwhile, where possible, ATC is holding incoming aircraft at a safe distance and giving clearance for SCAA to taxi onto the main runway ahead of other aircraft preparing for take-off.

"The whole purpose of those initial phone calls is to allow ATC to factor in a suitable gap for us between any heavy jets, as the turbulence in their wake for around three minutes can easily flip a helicopter," said Pete.

Alun Heseltine, ATC Manager for NATS (National Air Traffic Services) Aberdeen, reinforced the fact that SCAA was given the highest level of priority when responding to a HEMS call.

"Aberdeen Airport has a large helicopter operation in support of the North Sea offshore industry," he said. "They account for around 50% of the aircraft movements here.

"At peak times we have normal waves of helicopters and jets arriving and departing and things can get pretty busy. It certainly adds something different to the mix when SCAA gets an emergency call."

ATC is no stranger to handling category Alpha calls at Aberdeen. They have experience with search and rescue helicopters stationed there and the airport is home to one of the Scottish Ambulance Service's fixed-wing air ambulances.

"Everyone here appreciates the job SCAA does," said Alun. "Lives depend on the service so we move as quickly as we can to get them on their way."

Alun said there was a raft of little 'tricks and procedures' they could use to facilitate SCAA while always conforming to Civil Aviation Authority regulations.

"Aberdeen Airport has one main runway with three other cross runways," he explained. "Depending on the situation, we would taxi SCAA out to the main runway or one of the cross runways and orchestrate it so that they can go out straight and fast to their destination.

"It's all about making sure everything is safe and that all parties know what is expected of them and adhere to it," he said. "That way SCAA can be airborne and safely away with only the minimum disruption to other flight operations."

Air Traffic Controllers also play their part in bringing SCAA safely home with a patient when bad weather proves too hazardous to land at Aberdeen **Royal Infirmary.**



ATC bring in the helicopter on an Instrument Landing System to the airport and the patient is then transferred the final short hop to hospital by land ambulance.

"The positive attitude and outstanding support of ATC and the offshore operators at Aberdeen Airport undoubtedly helps SCAA save time and save lives," said Pete.

"We must be like an annoving little yellow helicopter getting in everyone's way," he added, "but our bigger colleagues make way for us and ensure we reach our patients as quickly as possible. Their support is tremendous and we're extremely grateful for all they do."





A BUSY SUMMER

Over the past year, Scotland's Charity Air Ambulance (SCAA) has responded to more calls to road traffic collisions (RTCs) than ever before.

Accidents involving pedestrians, cyclists and motorists accounted for nearly a fifth of all call outs, as SCAA crews responded to emergencies involving everything from bicycles to lorries on roads ranging from country lanes to motorways.

The demand for rapid response emergency medical support saw SCAA's helicopters fly to every corner of the country, delivering paramedic or doctor-led teams to those seriously injured and then airlifting them from the roadside to critical care at hospital.

SCAA paramedic Ali Daw is aware that RTCs dominate the charity's workload. In more than two years with the charity, he's flown from SCAA's Perth base to horrific road accidents at both trunk road hotspots and rural backroads all across Scotland.

And with the busy summer season for this type of emergency once more looming, he explained how the crew swings into action when the call comes in.

"It's important to gather as much information as possible from the call," he said. "What is the location and surroundings? How many vehicles are involved, how many people, what type of vehicles and what type of collision? Have the vehicles rolled, are the casualties trapped? This all helps us build up an idea of what we might be facing."

As RTCs form a large part of the crews' workload, they often face a common range of injuries and the most in-



demand equipment is always on board. This includes a variety of splinting kit such as pelvic binders, traction splints, neck collars, spinal board etc. Also a lot of extrication equipment to get people out without causing them more harm.

"We also carry advanced pain relief and can give certain medications to combat internal bleeding which are often vital at RTCs," explained Ali.

"The nature of this type of emergency means we often have to treat casualties while they are still in the wreckage of their vehicles," he said. "We have to ensure it's safe to move them and we rely on Scottish Fire and Rescue crews to make the scene safe and cut us an access to the patient. It's not unknown for me to climb through a sunroof to

reach someone trapped inside."

RTC major trauma patients need to be in hospital quickly - ideally at one of Scotland's four Major Trauma Centres (Glasgow, Edinburgh, Dundee and Aberdeen).

Equally important is getting clinical assistance to the scene as quickly as possible and helicopter air ambulances prove a vital link in any chain of survival because of their speed and agility to access difficult terrain.

SCAA often airlifts advanced consultant-led teams to the accident scene. effectively bringing the A&E department to the roadside and allowing patients to receive hospital level care as guickly as possible even when they're miles from anywhere.

"Scotland's geography adds to the demand for helicopter air ambulances," said Ali. "In larger towns and cities patients are in hospital within minutes by road ambulance but the situation is very different in the more remote and rural parts of Scotland.

"Often the collision happens a long way from a hospital. SCAA helicopters are able to access the whole country – and our islands – by flying at 140 mph in a straight line," added Ali, "and they prove invaluable in such cases."

Serious RTCs can be very draining for the crew and they look out for each other and check they're OK afterwards.

"I try never to take it home with me," said Ali. "You have to know you've done your best for those involved."

SCAA paramedics often get to meet those whose lives they have helped to save when patients visit the bases at Perth and Aberdeen to say 'thank you'.

"You've been with people at probably the worst time of their lives and it's a strange feeling to see them again when it's all over," said Ali.

"Only when they thank you do you realise the impact you have had on them and their family and that this is much more than just a job for us."





"It gives you a great sense of purpose and makes you realise that what we do is worthwhile. I'm very proud to work for the air ambulance service and be involved in making a difference."

Ali Daw





AFREAKIS

As her motorbike crashed down on her leg, Libby knew something had gone seriously wrong.



Amateur trials rider Libby was making her way between live stages at the competition circuit near Laurencekirk when - after cresting a river bank she was forced to put her foot down to avoid hitting a stile.

"It was just an unfortunate freakish accident," she said. "I had been riding motorbikes since I was 18-years-old without mishap and then without warning - you're in all sorts of trouble and pain."

Libby's foot had caught on a tree stump and the momentum pulled the bike over on top of her trapped leg.

"I just lay there with the bike on top of me," she said. "I couldn't move and the pain in my lower leg was excruciating."

There were plenty of other riders around and they lifted the motorcycle off Libby.

"I couldn't feel my foot," she explained. "It was then I saw that my leg looked twisted. I grabbed my thigh and pulled it towards me, straightening the lower leg. It was agony and I started hyperventilating."

As colleagues wrapped Libby in coats and put a jacket under her head, emergency help was on its way to the remote and fairly inaccessible location. Fellow members of the trials club set out to guide the road ambulance in and then Libby was told that an air ambulance was just minutes away.



- "I heard the helicopter coming in overhead and everyone sheltered me from the downwash as they landed nearby," she said.
- "SCAA's paramedics gave me pain relief and calmed me down. Somehow, just having the air ambulance there reassures you that everything will be alright."

Crew and bystanders had to lift Libby on a stretcher over a barbed wire fence to get her to the waiting helicopter.

"I was so emotional - just shock, probably, and the morphine. I kept remembering how the last words my husband said to me that morning were: 'take care - we need you back in one piece'.

"I just burst into tears at that point," said the mother of three. "It was such a relief - everything was going to be OK. The two guys from SCAA were just wonderful. So calm and reassuring."

Libby was aware of SCAA's work through the motorcycling community but never for a second thought she would need the charity's amazing service.

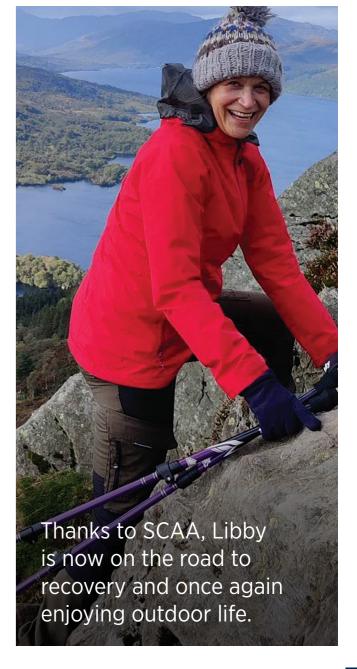
"You hear about them on the news and read about them in the papers, but you never fully understand what a truly amazing charity this is," she said. "I am in awe of all the emergency workers involved that day. The level of care was amazing and getting me off that circuit and safely to hospital was absolutely seamless."

Libby was flown within minutes to Aberdeen Royal Infirmary where she spent three days before she was transferred to Ninewells Hospital in Dundee for a fivehour operation to insert plates, screws and artificial bone in her damaged leg.

"The consultant said I had turned my tibial plateau (knee) into crazy paving," she said. "It was in so many pieces.

"SCAA's involvement was life-changing," added Libby. "If SCAA hadn't been there, I don't know how they would have got me down the rough track to a road ambulance or how bumpy the onward journey would have been without advanced pain relief.

"SCAA made all the difference. The kindness, professionalism and care of the paramedics, the comfort and speed of the helicopter and the constant reassurance that everything would be fine, oh and the dose of advanced pain relief. I can't begin to say how grateful I am to them. They're the best."





2013 – 2023 MISSION STATS*

CALL OUTS: 4763 HELICOPTER: 3737 RAPID RESPONSE VEHICLE: 1026 FLYING HOURS: 3726 NAUTICAL MILES FLOWN: 424,855 (THE SAME DISTANCE TO THE MOON AND BACK!) TRAUMA-RELATED CALL OUTS: 41% CARDIAC-RELATED CALL OUTS: 20% STROKE CALL OUTS: 4% RETRIEVALS AND TRANSFERS: 13%

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 coordinators
- Fundraise for us
- Events and SCAA mascot

ROC

INTERESTED IN JOINING OUR TEAM? GET IN TOUCH NOW!

contact rebecca at: volunteer@scaa.org.uk 07751921980

OR JUST SCAN THE QR CODE HERE



1 10

FANK YOU



Thank you for continuing to support Scotland's Charity Air Ambulance. Whether you donate, volunteer or play our lottery - we couldn't keep flying and saving lives without you. If SCAA was there for you when you needed help, we'd love to hear your story.

Email: media@scaa.org.uk Call: 07778 779 888 in confidence.

YOU CAN HELP SAVE LIVES BY **DONATING TO SCAA HERE:**

- Online at www.scaa.org.uk/donate-10
- By phone on 0300 123 1111
- By post to: Scotland's Charity Air Ambulance, The Control Tower, Perth Airport, Scone, Perthshire PH2 6PL

(Please make cheques payable to "Scotland's Charity Air Ambulance" or "SCAA".)



IF YOU WOULD LIKE TO HELP SUPPORT SCAA, YOU COULD:

- Enter a fundraising event or organise your own
- Become a SCAA Volunteer
- Make a one-off or regular donation
- Play our weekly lottery
- Leave a gift to SCAA in your will



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